

### AFRICAN, CARIBBEAN & BLACK WELLNESS RESOURCE CENTRE



## WELCOME TO SUMMER AT THE AFRICAN, CARIBBEAN & BLACK (ACB) WELLNESS RESOURCE CENTRE

As the school year winds down, the ACB Wellness Resource Centre is excited to offer a vibrant summer program designed to keep your children engaged, learning, and thriving.

With offerings like free tablets for participating children, nutritious daily lunches, volunteer hour opportunities, and a financial literacy certificate program, we ensure that your child's summer is both fun and enriching.

**DONATE NOW** 

SPREAD THE WORD TO OTHER PARENTS- YOUR CHILD WILL ENJOY IT EVEN MORE WITH THEIR FRIENDS THERE!





## Programs Next Week (June 15th-21st)



EARNING AND

EMPLOYMENT

FINANCIAL GOALS
 SAVINGS

• PLANNING FOR THE FUTURE

JOB CREATING

MANAGING CREDITSBUDGETING

### YOUTH FINANCIAL LITERACY PROGRAM

This program teaches kids financial goals and saving. Participants earn a certificate and volunteer hours. Snacks provided.

(Ages 14-17) Every Monday, July 7<sup>th</sup> - Aug 25<sup>th</sup> 610 Donald St (ACB Wellness Center)

(Ages 18-21) Every Tuesday, July 8<sup>th</sup> - Aug 26th 610 Donald St (ACB Wellness Center)

(Ages 14-21) Every Wednesday, July 8<sup>th</sup> - Aug 26th 1400 Lapage Manor (Caldwell)

SIGN UP HERE

#### BLACK AUTISM SOCIAL GROUP

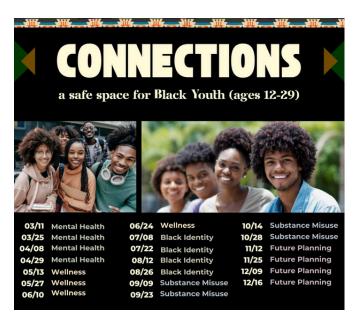
A free interactive group for children on the spectrum (Ages 6-13). Supportive Staff, Games, Sensory Activities, Lunch and Snacks

Provided.

8 Free Weeks! Starts on June 7th
At 610 Donald St (ACB Wellness Center)
Time: 10AM - 1PM

SIGN UP HERE





#### CONNECTIONS

A safe space for Black Youth (ages 12-29) Food, Prizes, & Transportation if needed. Volunteer hours available.

Every Other Tuesday
At 610 Donald St (ACB Wellness Center)
Time: 5pm - 7pm

SIGN UP HERE

# Upcoming Events

#### UNVEILING & SOFT LAUNCH VIOLET'S VOICE

Join CWCLN & Friends for the official unveiling & soft launch of Violet's Voice, a community-rooted social enterprise under the CWCLN brand!

**REGISTER NOW** 

### What We Offer

We provide a safe and supportive space where individuals and families can access vital resources, build meaningful connections, and gain the tools they need to thrive. Be sure to check out our year-round services open to everyone.

#### **OUR SERVICES**

Vaccination Clinic (Ottawa Public Health) Christmas Giving

#### **OUR PROGRAMS**

Men's Collective Alliance Food Bank Seniors Program

LEARN MORE





## Make a difference today!

#### HAVE ANY QUESTIONS ABOUT VOLUNTEERING WITH US?

Feel free to reach out to us at Phone: (613) 801-7426

Email: communicationsacb@gmail.com

LET'S CHAT!

#### CONNECT WITH US





